



Expert Panel on Nitrogen and Food

Report to TFRN10 – 28 April 2015
Lissabon, Portugal



Main task

- To create a better understanding of the relationship between human diets and the N-cycle / ammonia emissions
 - Composition of present EU diets (12 commodity categories as cereals, vegetable oil, dairy and sugar);
 - ‘N-footprint’ of these categories
 - Alternative consumption and production scenarios
 - Effect of these scenarios on (EU) N – emissions, notably ammonia emissions
- Co- chairs Cristian Pallière and Henk Westhoek

Products sofar

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NITROGEN WORKSHOP SPECIAL ISSUE PAPER The nitrogen footprint of food products in the European Union

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Food choices, health and environment: Effects of cutting Europe's meat and dairy intake

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Nitrogen on the Table

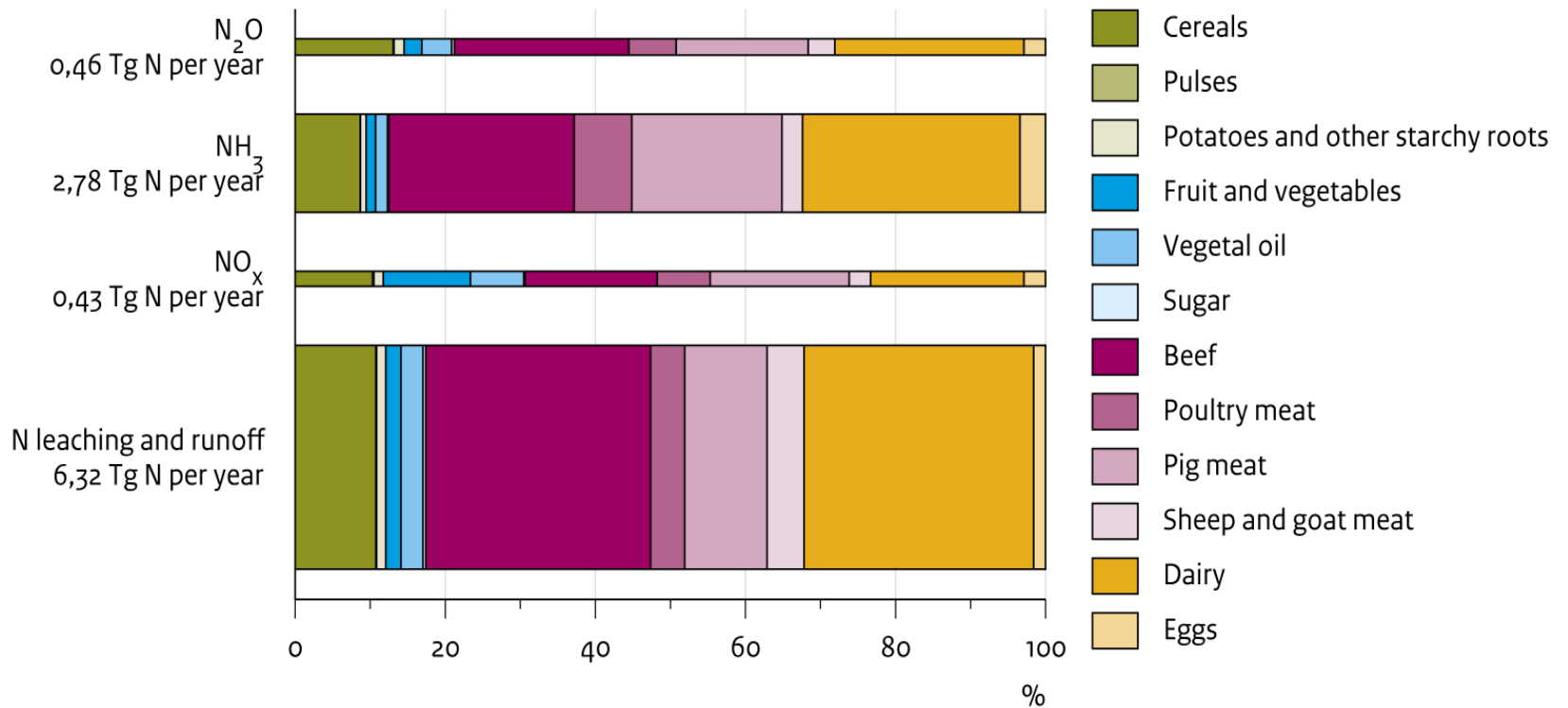
A special report of the European Nitrogen Assessment



Papers and executive summary
report launched April 2014

Nr losses dominated by livestock sector

Emissions of reactive nitrogen in EU27, 2004

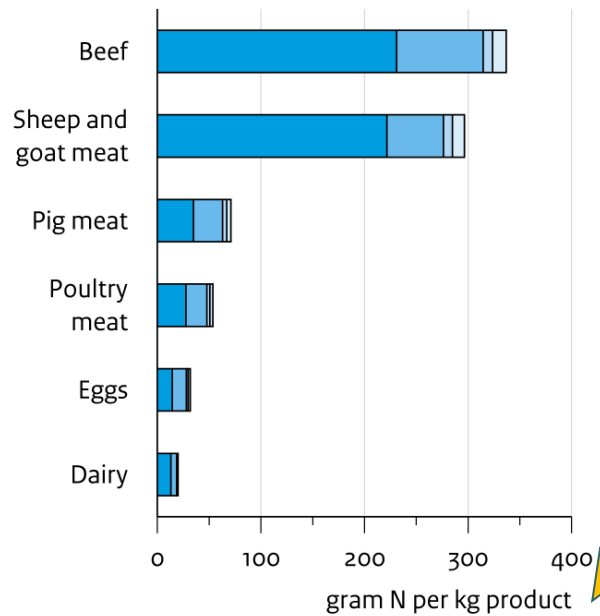


Source: Leip et al., 2013

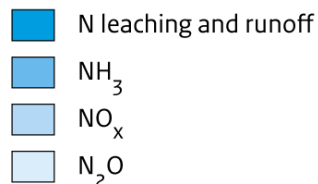
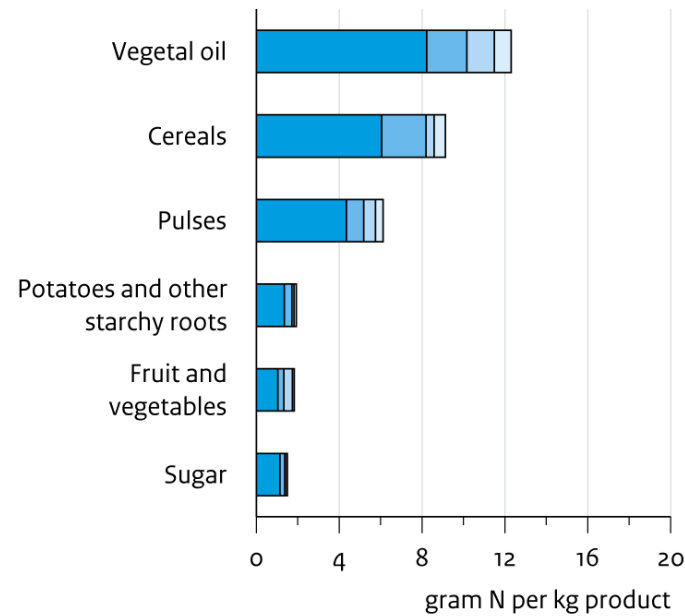
Large differences in N intensities

Emissions intensities of reactive nitrogen in EU27, 2004

Animal products

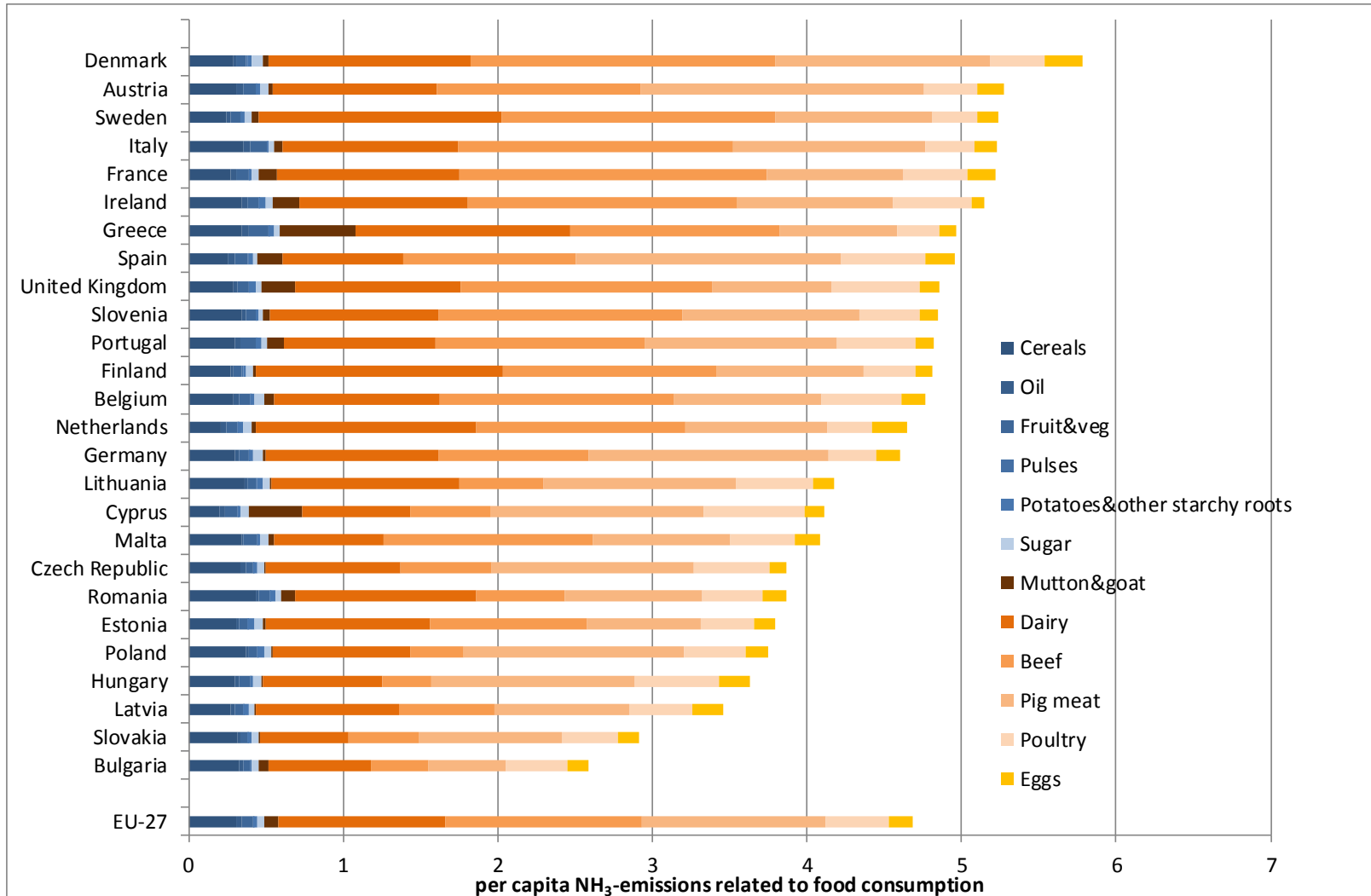


Vegetal products



Source: Leip et al., 2013

Large differences between countries in N footprint



2. What would happen if Europe would reduce its meat and dairy consumption?



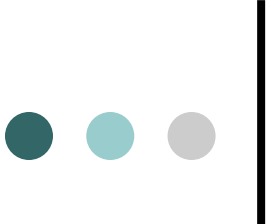


Six alternative diets

Alternative diets
Reference
Reference – BF ¹
-25% beef and dairy
-25% pig and poultry
-25% all meat and dairy
-50% beef and dairy
-50% pig and poultry
-50% all meat and dairy

And two scenarios for land use: 'High price' (more cereal production) and greening (extensification and bioenergy)

Source: Westhoek et al., 2014

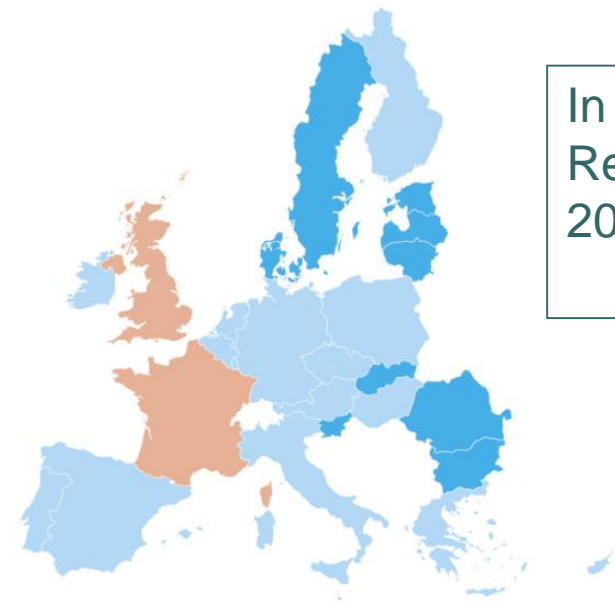
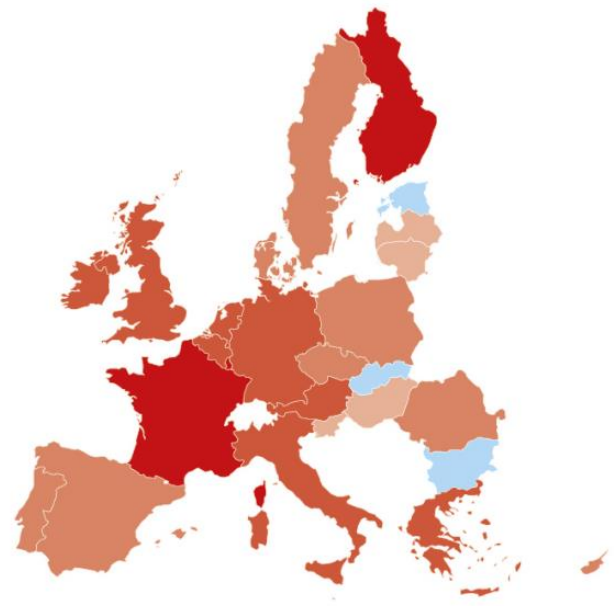


Intake of saturated fats reduced by 40%

Per capita intake of saturated fat in EU27

Reference, 2007

Alternative diet (minus 50% meat and dairy)

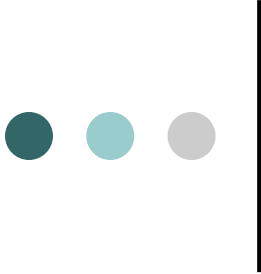


In parallel:
Red meat reduced from 207% to 107% of RMDI

gram per capita per day



The intake of proteins remains well above recommended level



Major environmental effects of minus 50% meat and dairy consumption

- Around 40% lower nitrogen emissions from EU agriculture
- Soy import could be reduced by 75%

Greening scenario

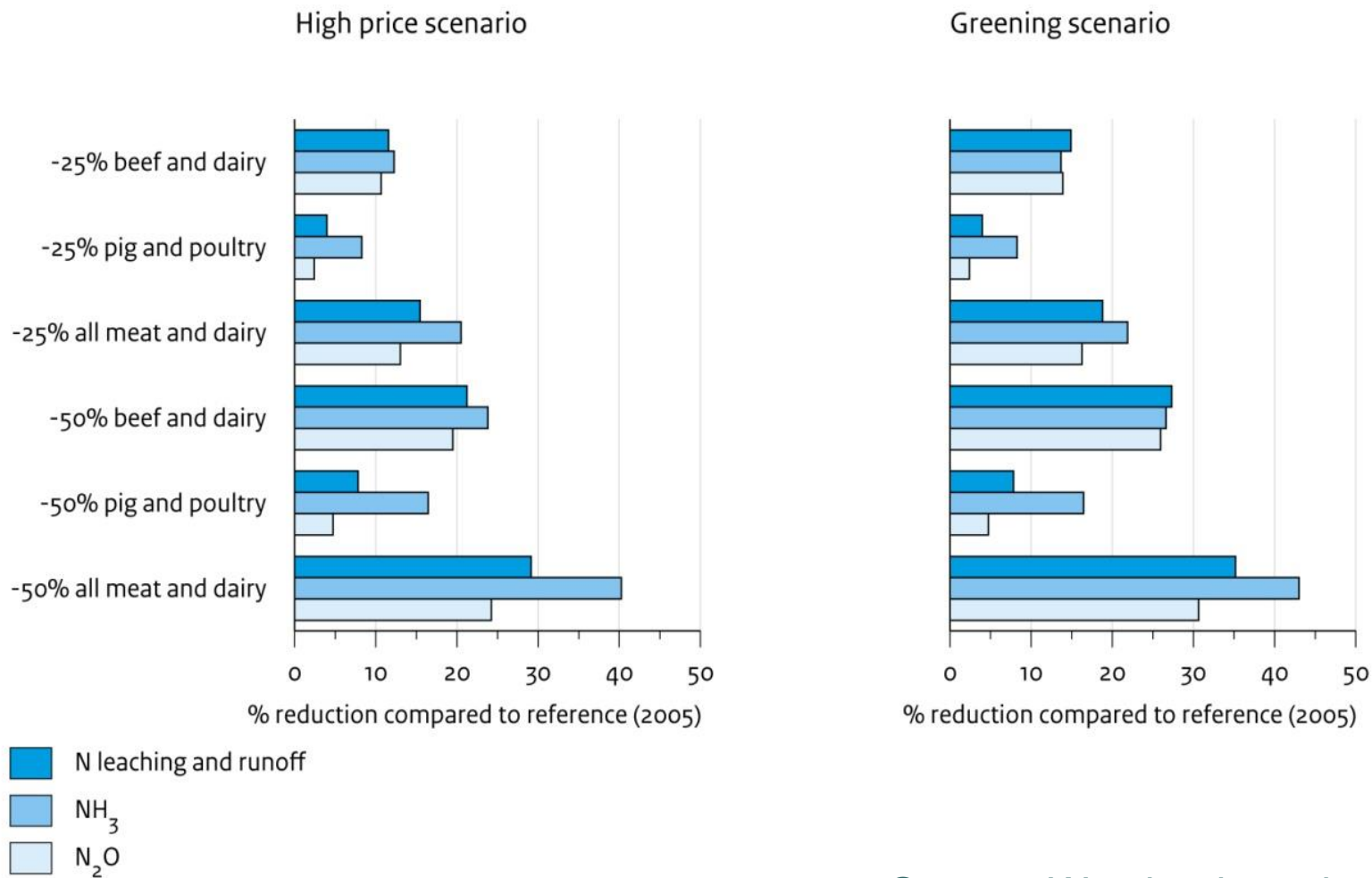
- 43% less greenhouse gas from agriculture
- bio-energy production; extensification of land use;

High prices scenario

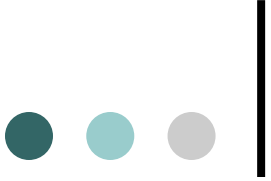
- 25% less greenhouse gas
- EU becomes a major exporter of cereals

Reduction up to 40% in Nr losses

Reduction in reactive nitrogen emission in alternative diets in EU27 compared to reference scenario

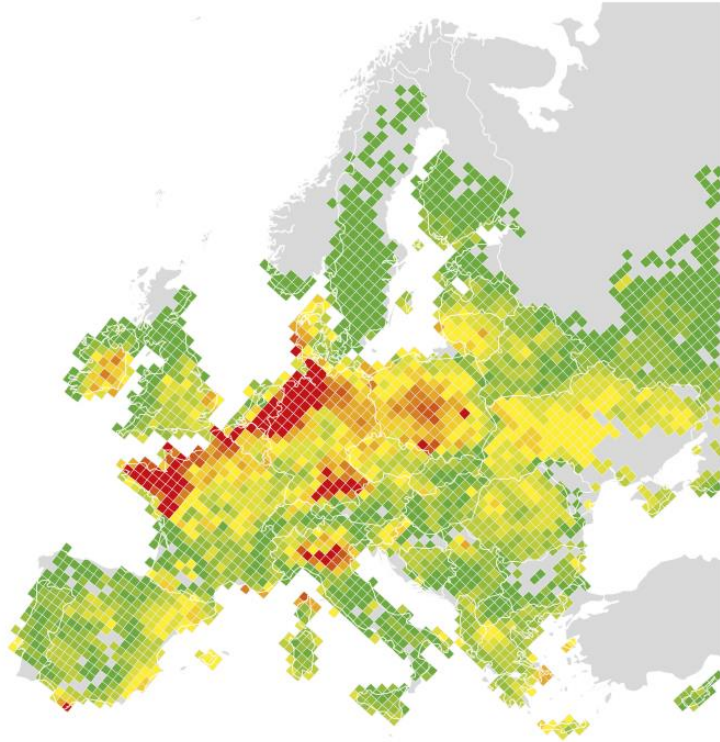


Source: Westhoek et al., 2014

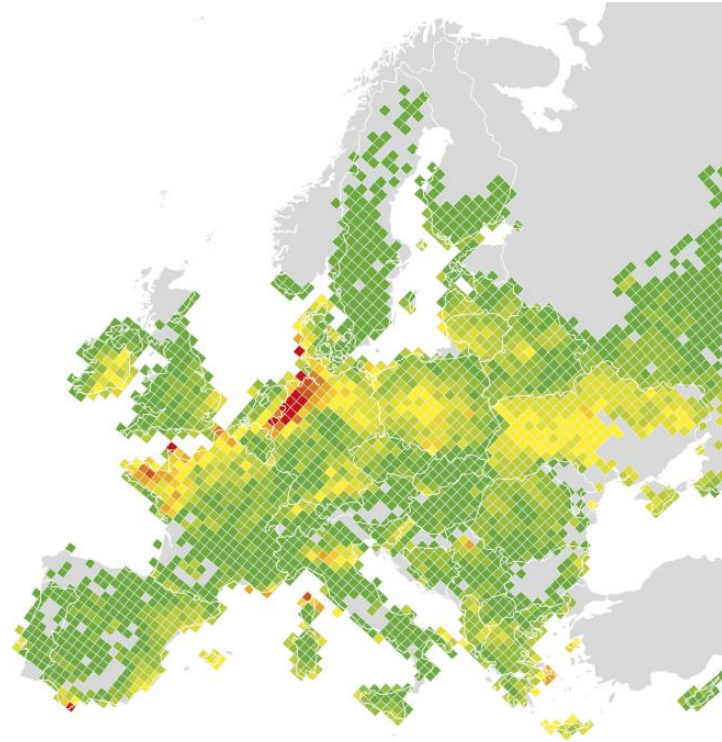


Exceedances of critical loads for eutrophication

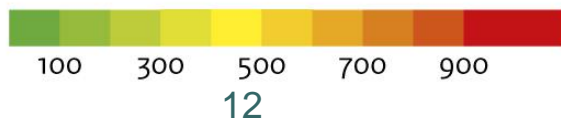
Reference, 2009



Alternative diet (minus 50% meat and dairy)



Equivalents nitrogen per hectare and year

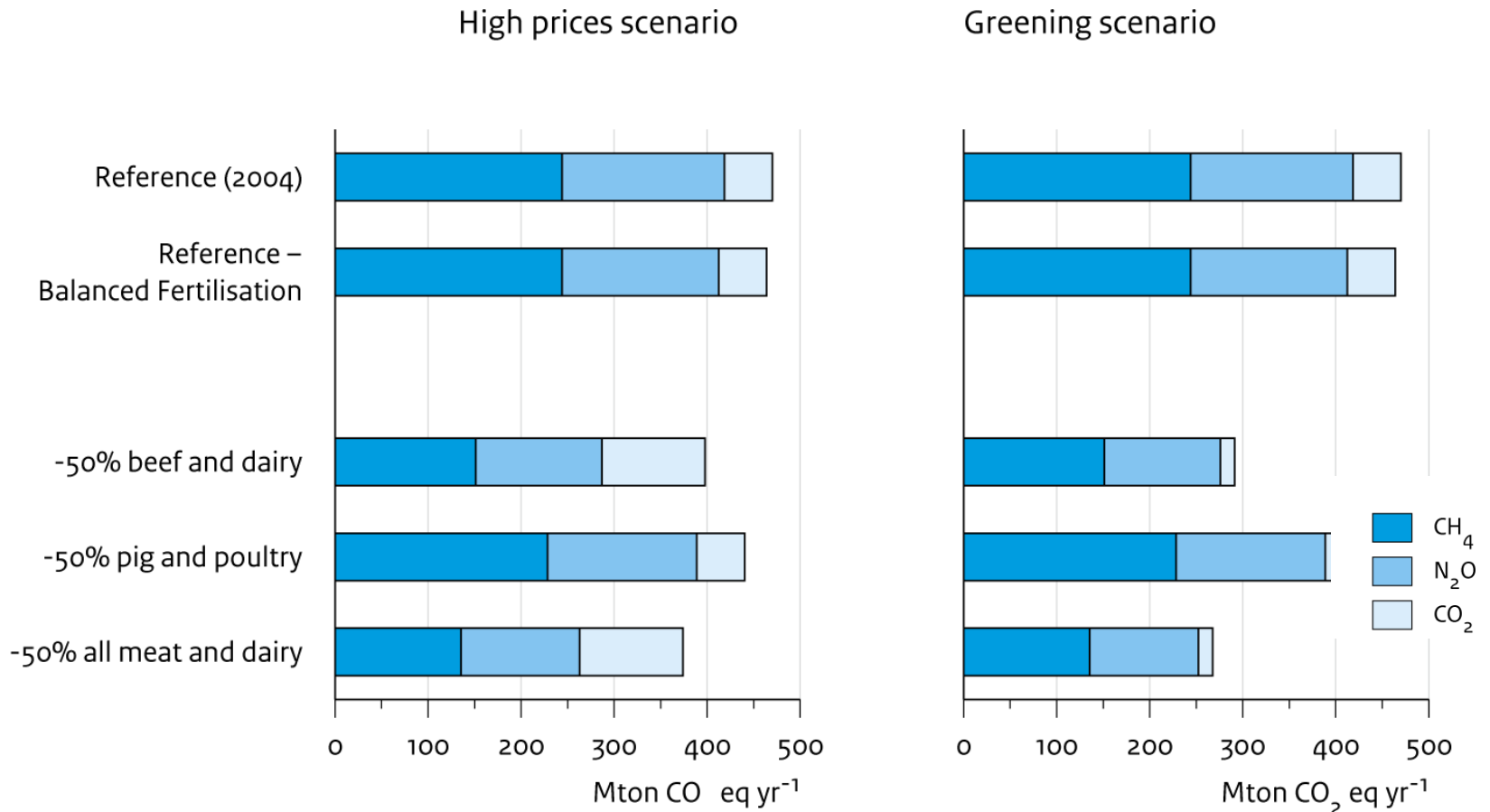


Large effect on nitrogen deposition through reduced ammonia emissions

Source: Westhoek et al., 2014

Strong reduction in greenhouse gas emissions

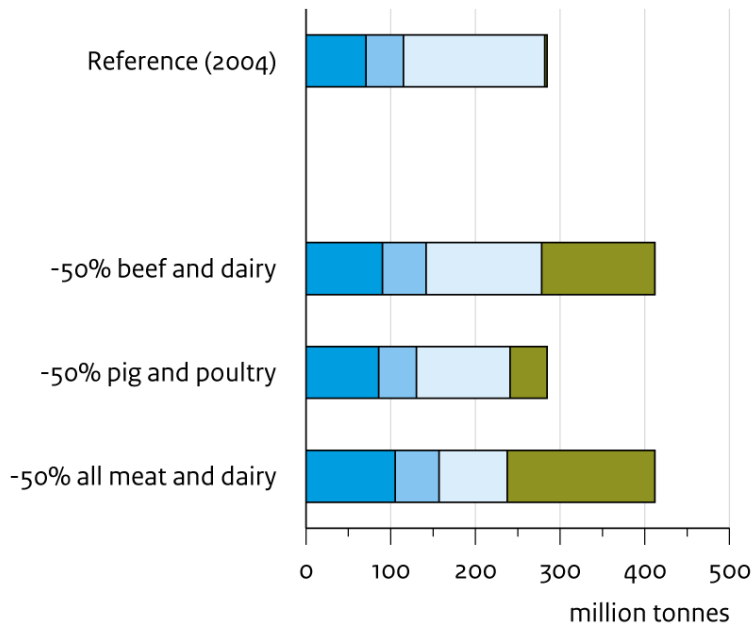
Greenhouse gas emissions from agriculture in alternative diets in EU27



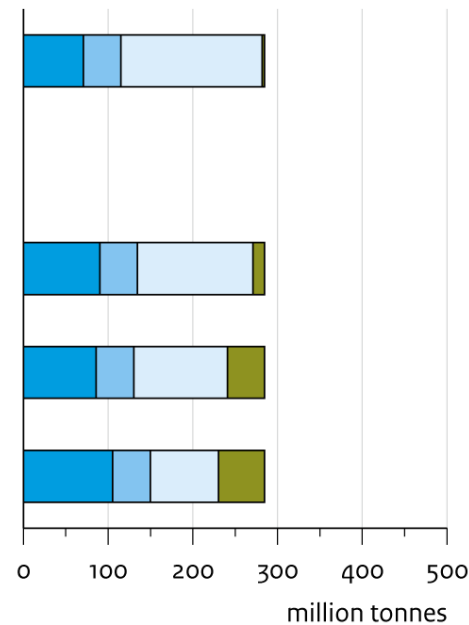
EU could become major exporter of cereals

Cereal use in alternative diets in EU27

High prices scenario



Greening scenario



- Human consumption
- Other uses
- Feed use
- Available for export



Future work (to be discussed)

- Diffusion of results
- Integration into other processes
- Synergies with other resources / green growth in agriculture
- Include private sector: fertilizer industry, farmers, food companies,
- New expert panel?